



# Festival Fun at Mersea Island

Entering its 38th year, The Mersea Island Festival brings together young people and adults - both with and without physical and learning difficulties - for over a week of fun-filled activities.

## What's On Offer?

Running from 19th to 27th August the festival promotes inclusion, with a jam-packed timetable that allows visitors of all abilities to "have a go." With a wide range of high-energy activities on offer, guests can try their hand at assisted climbing, race down the zip wire or tackle the adventure course. For those wishing to showcase their artistic flair, dance, band and circus workshops are also popular.

In the evenings, the fun doesn't stop there. Live music, discos and the festival's own talent show mean visitors can party into the small hours.

## Happy Campers

The highly successful festival receives nothing but praise from participants and their families. One mum recently commented: "Was the programme appropriate? Abso-blooming-lutely! I wasn't sure what to expect but both

my boys (one special-needs and one not) have had an excellent time here."

Whether you're interested in coming along for a day or for seven days, Mersea Island has a space for you. For those who are looking to stay for a week or over the weekend, accommodation and meals are provided. And, of course, the site and its facilities are wheelchair accessible.

Chair of Mersea Island Festival Trust, Tom Brennan, sums up the impact of the festival: "Whatever your interests, even those you didn't know you had, you can be one of our many guests each year who say, 'I'd never get to do this if I didn't come to Mersea Island Festival!'"



For more information visit [www.merseafestival.org.uk](http://www.merseafestival.org.uk)